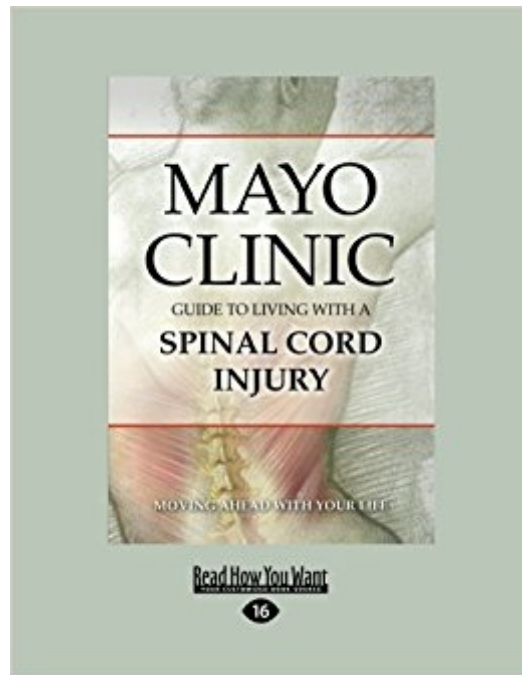




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# **Mayo Clinic's Guide To Living With A Spinal Cord Injury**



## Synopsis

This indispensable guide offers a complete picture of the road to recovery, and the specifics to move ahead with your life. When possible it encourages readers to resume their favorite hobbies, participate in athletic activities and return to the workplace. For the first time, leading medical specialists at the world-renowned Mayo Clinic offer their expert advice on everything from emotional adjustments, to skin care, to home and car modifications, to quality-of-life improvements.

Easy-to-read, illustrated, and well organized, Mayo Clinic Guide to Living with A Spinal Cord Injury provides the "how-to" regarding the day-to-day challenges faced by anyone who has a spinal cord injury.

## Book Information

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## Customer Reviews

Mayo Clinic - The Mayo Clinic Spinal Cord Injury Program provides lifelong services in an interdisciplinary setting to people with spinal cord injury. The goal of the program is to help each person reach his or her optimal functional ability, level of wellness, quality of life, and reentry to the community. The Spinal Cord Injury Program at Mayo Clinic Rochester, Minnesota is accredited by the Commission on Accreditation of Rehabilitation Facilities and the Joint Commission. Mayo Clinic is the first and largest integrated, not-for-profit group practice in the world. Doctors from every medical specialty work together to care for patients, joined by common systems and a primary value that "the needs of the patient come first." Mayo Clinic provides treatment to more than half a million people each year at its three sites in Rochester, Minnesota, Jacksonville, Florida and Scottsdale.

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